



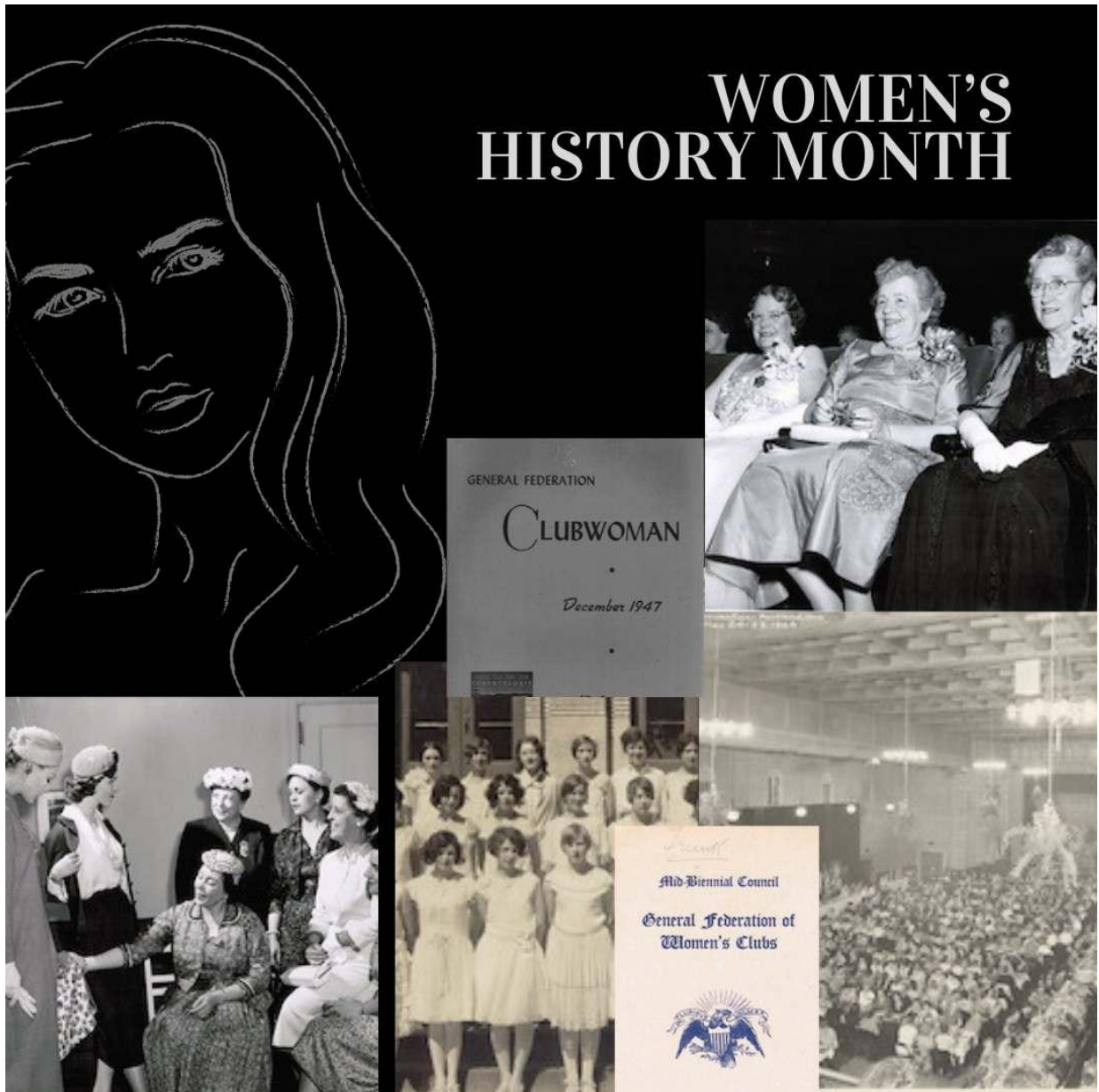
# *The Hummingbird's View*

A monthly newsletter from  
The Woman's Club of Vista

March 2025



*Enriching Lives through Philanthropy and Volunteer Service*



## Calendar - Join Us in March!

**5 TEMPORARY PLACE CHANGE!** WCV Board Meeting

Our March board meeting is at **9AM** in the meeting room at Alta Vista Botanical Gardens. All members are welcome to join in. [Read More](#)



## 5 General Meeting Deadline to Register

Mark your calendar and [register now](#).



## 6 Deadline to Sign Up for the WCV Shift at the San Diego Food Bank - North County

Please look for a separate email sent Feb 26 with detailed instructions on how to sign up. Email me for more info [SandiL@thewomansclubofvista.org](mailto:SandiL@thewomansclubofvista.org)



## 7 Friendraisers

This month's restaurant is Jackson's Sports Bar and Grill. No WCVagenda, just fun and great company over a lunchtime meal. Guests are welcome. There is no fee to attend other than paying the restaurant for your meal. [Read More](#)



## 8 WCV Crafts

Enjoy good company with other crafters while working on your latest blanket, bootie, bracelet, needlework, or other art project. Bring your project and a snack. 10 AM to Noon at Cindy Toszak's house. Please RSVP to [cindit@thewomansclubofvista.org](mailto:cindit@thewomansclubofvista.org) and to get her address and gate code.



## 11 Sisters in Federation North to South

Join members from Palomar and San Joaquin Valley Districts for a short, fun evening via Zoom. Email Sonja for the link.



## 12 General Meeting

Monique Haithcock, Parent Support Specialist from The Shine Project Foundation, will present our program in March. The Shine Project Foundation works with special needs families to enrich their lives and enhance their well-being. Deadline to RSVP Feb 5. [Read More](#)

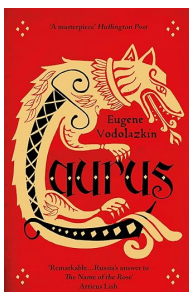


## 13 Shift at the San Diego Food Bank - North County

We need 5-6 more members to fill the 6-8 PM shift at the food bank warehouse in Vista to help families with food insecurity. Please look for a separate email sent Feb 26 with detailed instructions on how to sign up. Email me for more info [SandiL@thewomansclubofvista.org](mailto:SandiL@thewomansclubofvista.org)

## 19 WCV @ Night Deadline to Register

Mark your calendar and [register now](#) or look for a separate email on this event soon.



### 19 WCV Book Club

March's book is *Laurus* by Eugene Vodolazkin, suggested by Sari. Learn about our military project, our literacy project and more! [Read More](#)



### 22 TIME CHANGE! WCV Walks

Join us for next month's walk at the Batiquitos Lagoon in Carlsbad at 7380 Gabbiano Lane. It is a flat terrain walk and perfect for all fitness levels. Please note that our walk will start at 9:00am. RSVP to [Kaleym@thewomansclubofvista.org](mailto:Kaleym@thewomansclubofvista.org). [Read more.](#)



### 26 WCV @ Night

One of our very own members, Veronica Vasquez, serves as a Community Safety Commissioner for the City of Vista and will share information about her role. Currently, the Commission is developing a Crime Reduction Plan, where each commissioner contributes ideas to create a comprehensive plan for the City Council. Register by March 19th. [Read More](#)

[Visit the Full Calendar](#)

## WCV Officers' Messages

### WCV Co-President: Judy Pantazo

[judyp@thewomansclubofvista.org](mailto:judyp@thewomansclubofvista.org)



Our club continues to grow (8 new members initiated in February and more new members joining monthly), and we are now up to 59 members. We will be setting our new goals in June. I want to remind everyone that as our new members join, we need to make sure they are welcomed and shown what the Woman's Club of Vista is all about: Volunteering and Philanthropy. New members, it is your job to tell us what is important to you! We know you filled out an application, but by the time that information gets to the right person we may have missed an opportunity to support an organization you love. Tell everyone you talk to; don't be shy, the 810th person you talk to may know the perfect project the club can do to help you help your organization! Then, tell your friends how great we are! Let's aim for 100 members by this time next year! What an impact we could make in our community then with so many willing hands!

**WCV Co-President: Sonja Hults**

Have you ever considered writing your history? For the month of March the theme is Women's History. We all have a story to tell. The Women's History Center at GFWC is asking us to sit down with a club friend and write their story. Let's try it. At the night time meeting in March we have the opportunity to spend a few minutes interviewing each other, getting to know each other better, and then we are going to ask you to type it up and bring it to the April meeting for us to share. How exciting! Let's get to know each other and let's make a difference by sharing that to the club. I look forward to working with you on this project and I look forward to reading them in April.



## 1st VP Dean: Liz Franciscus

[lizf@thewomansclubofvista.org](mailto:lizf@thewomansclubofvista.org)



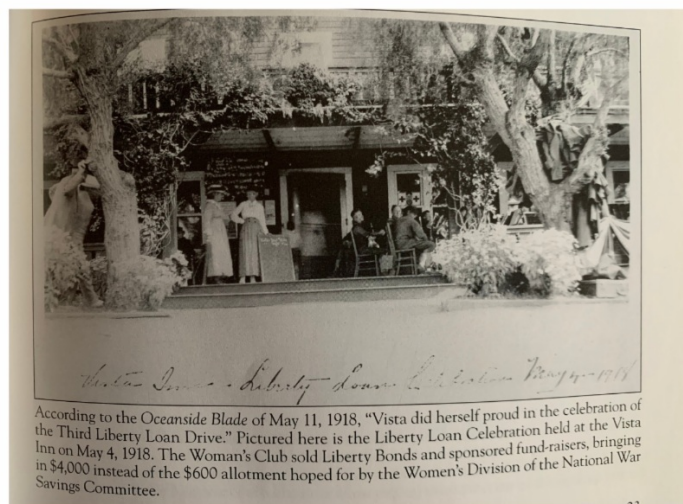
### We Need You!

We are off to a wonderful start to our new year! Our membership is growing, new committees are forming and exciting things are happening! You can make an even greater impact on our club by taking a position on our Board of Directors as either Programs Chairman or Fundraising Chairman. We also have a need for two Directors who can vote and optionally head our most important committees. We work as a team and

co-chairmanships are an option. Feel inspired? Contact anyone from our Nominating Committee. Liz Franciscus, Sandi Leyva, Nancy Ellis, Cheryl Layman or Donna DiMambro. Elections are in April!

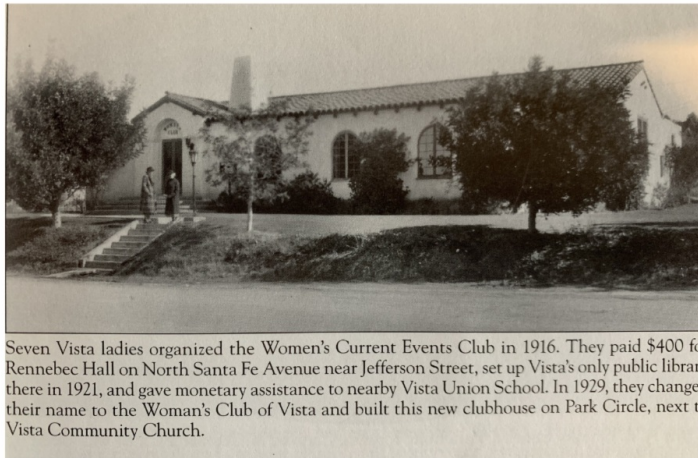
This month we celebrate Women's History! Below are photographs commemorating two important events in our Club's History.

### *Celebrate Our Club's History!*



In 1918, the Woman's Club sold Liberty Bonds and held fundraisers bringing in \$4000 for the war effort.





Seven Vista ladies organized the Women's Current Events Club in 1916. They paid \$400 for Rennebec Hall on North Santa Fe Avenue near Jefferson Street, set up Vista's only public library there in 1921, and gave monetary assistance to nearby Vista Union School. In 1929, they changed their name to the Woman's Club of Vista and built this new clubhouse on Park Circle, next to Vista Community Church.

Pictured is the Woman's Club of Vista's first Club House on Park Circle.

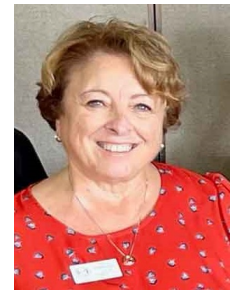
(Lois Vaughan Cavalier, Images of America Vista, 2008, Arcadia Publishing)

## WCV 2nd VP Membership: Donna DiMambro

[WCVistaMembership@gmail.com](mailto:WCVistaMembership@gmail.com)

March is definitely coming in like a lion. We now have 59 members; what an accomplishment! As we spread the word and offer so many opportunities of giving back to the community, we welcome all our new members! We now have an engaging general luncheon meeting the second Wednesday of the month and a lively evening WCV@Night meeting on the fourth Wednesday evening of the month. You can attend one or both, a great way to give back while making new friends and supporting our community.

At the end of the rainbow, we all hold a share of the guiding light that exemplifies service, leadership and friendship in The Woman's Club of Vista.



# Happy March Birthday

Naomi Stein 3/1  
Sonja Hults 3/9  
Sheila Mata 3/10  
Sari de Boer 3/14  
Jackie Sewell 3/26  
Linda Olson 3/27



**WCV 3rd VP Programs: Donna DiMambro**  
[donnad@thewomansclubofvista.org](mailto:donnad@thewomansclubofvista.org)



We are 1 month away from our *Fun Walk for Autism Awareness and Acceptance*, so in preparation we welcome *Monique Haithcock*, parent support specialist from *The Shine Project Foundation*. Monique will show us how they help children with special needs Shine!

*"May your pockets be heavy and your heart be light, may good luck pursue you each morning and night."*

Click the link below to RSVP and choose your lunch and by Mar 5.

<https://thewomansclubofvista.org/event/march-2025-monthly-day-meeting/>

# WCV 4th VP Fundraising: Sandi Leyva

[WCVistaDonations@gmail.com](mailto:WCVistaDonations@gmail.com)

Our biggest fundraiser of the year, the Second Annual Fun Walk for Autism Awareness and Acceptance, is just around the corner! Please help Donna D. and her committee spread the word far and wide to your friends, family, groups, church, and more! And mark your calendar for Sunday, April 6, 2025 from 11-3. Autism is our President's Special Project and very near and dear to many members. Make a difference by registering to walk here:

<https://vistawalkforautism.org/walkers/>



**Raise Right:** I am super-jazzed that we have had 12 members sign up for Raise Right, our gift card program. If you haven't yet, you can find step-by-step documentation about how to get started in the Members Only page of the website.

<https://thewomansclubofvista.org/members-only/>

While 12 have signed up, only 6 have purchased. You know who you are! Time to get spending at the hundreds of places available on Raise Right.

So far, and mostly thanks to Barbara, we have earned more than enough for one student to receive a scholarship to a trade school. That's exciting! And even more exciting is that Barbara will be heading the RaiseRight program and providing us with tips to earn more for the club.

## Treasurer: Nancy B Jones

[NBJones@thewomansclubofvista.org](mailto:NBJones@thewomansclubofvista.org)



Our next assignment is our annual Donations and Scholarships Day when we will be giving away money! We will donate \$13,000 to 14 non-profit organizations and \$11,000 to 10 graduating seniors at schools in Vista. Be sure to put May 14th at 4 pm on your calendars for our Donation and Scholarships Event - in the lovely Alta Vista Botanical Gardens. Our club's finances are still strong to support these donations, and our CDs are earning money daily!

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## WCV Chairmen's Updates

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### Domestic Violence Chairman - Donna Weber

[DonnaW@thewomansclubofvista.org](mailto:DonnaW@thewomansclubofvista.org)

Las Valientes is a local non-profit organization that is committed to providing survivors of domestic violence with the resources and assistance they need to break the cycle of abuse. They offer a wide range of services from providing assistance with court and navigating the legal system, to providing support groups for survivors and their families.

Las Valientes' mission is to empower survivors of domestic violence, and their families, to move forward with their lives and find safety. They understand the importance of having a safe and

secure environment in order for survivors of domestic violence to heal. They are dedicated to helping survivors break the chains of domestic violence.

The Woman's Club of Vista has been a supporter of Las Valientes for many years. We will be making a cash donation to Las Valientes at this year's Donation Day ceremony.

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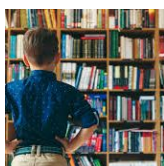


Nancy Ellis

## Covers of Love Chairman - Nancy Ellis

The Woman's Club supports the Vista Community Clinic by donating handmade fleece baby blankets and crocheted hats to new mothers of babies who visit the clinic for newborn care and classes. Nancy is responsible for making the majority of the items we donate. She is happy to teach our members how to make the fleece blankets with tied fringe which takes about an hour. The new moms at Vista Community Clinic love receiving them!

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## Education and Libraries Chairman - Kati Mendoza

[KatiM@thewomansclubofvista.org](mailto:KatiM@thewomansclubofvista.org)

The Education and Libraries Committee is excited to have taken on a project we are calling "Bubbles and Books," where we are installing small bookshelves loaded with kids' books in local laundromats. Our first laundromat is the EZ Express Laundry on North Santa Fe Ave, next door to Pizza & More. With the help of committee members, we have a bookshelf and a good collection of kids' books. We will be installing our first bookshelf next week. We'd like to ask the membership for more donations of kids' books in English and Spanish. In addition, if anyone knows the owners or managers of other Vista laundromats, please tell them about the program. We'd love to spread the program to all the laundromats in Vista.

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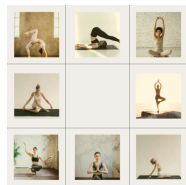
## Environment Chairman - Wendy Czech

[wendyc@thewomansclubofvista.org](mailto:wendyc@thewomansclubofvista.org)

Nestboxes have been installed at AVBG in the fruit garden. Members are welcome to stop by and see the process. Reach out to me for days/times.

Coming up at Alta Vista Botanical Gardens - Earth Day Festival on April 19th from 10 am to 3 pm. A FREE fun family event for the community. Volunteers welcome - contact [farmerjonesavbg@gmail.com](mailto:farmerjonesavbg@gmail.com) to help with children's activities, vendor check-in, and





## Health and Wellness Chairman - Raschel Kloos

The Health and Wellness Community Service Program focuses on the human body, mind and spirit. This term, we will be exploring various opportunities for awareness and advancement of each of these vital areas.

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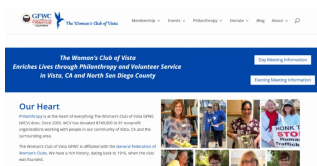


## Scholarship Chairman - Wendy Czech

[wendyc@thewomansclubofvista.org](mailto:wendyc@thewomansclubofvista.org)

All career counselors have been reached. Next steps include receiving recipient information and working with new donation submission requirements.

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## Communications Chairman - Sandi Leyva

[SandiL@thewomansclubofvista.org](mailto:SandiL@thewomansclubofvista.org)

I hope you saw our new Volunteer Opportunities email. Getting involved even in a small way can be incredibly fulfilling. Contact any Board member to discuss how you can volunteer for the club.

I found an article on phishing, which is when a stranger uses a friend's name but their own email to send you an email. Beware: your friend did not send that email, and a scam awaits you at the other end. Phishing is not your friend's fault; it is the fault of the perpetrator. Learn more and don't become a victim of this fraud. <https://www.a2hosting.com/blog/phishing-scam-protection-tips/>

A huge Thank You to those who have reached out to help! I would love to find a few more people who would like to help with the Constant Contact newsletter, social media, and maybe even Wordpress for the website. Will train! Email me for more info.

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## Book Club Section Chairman - Susan Duey

[Susand@thewomansclubofvista.org](mailto:Susand@thewomansclubofvista.org)

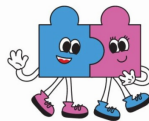
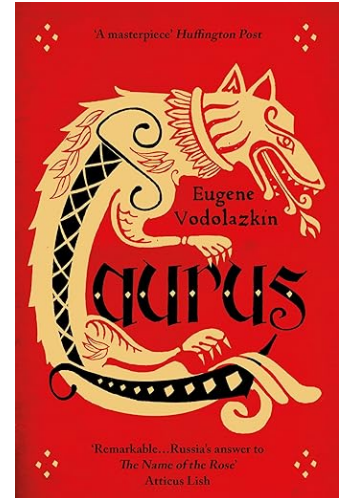
Join us March 19th, 6pm, Rancho Grande El Toro Restaurant.  
Our March book is *Laurus* by Eugene Vodolazkin.

**Military Service project:** We are planning a book project to collect paperback mysteries and general interest books (No romance or religion/war or hardback) for service people.

**Literacy project:** We are also doing research for the possibility of a small library of free books to be used in public areas (laundromats) and other neighborhood areas.

**Goal:** Please start gathering up books you wish to donate for our projects. We will have more information at the meeting.

Questions? So many books, so little time. What to expect? By joining a book club, we provide several benefits including: meeting new people, stimulating critical thinking, expanding your knowledge by exploring different themes and perspectives, improving communication skills, fostering a sense of community, and creating accountability for reading regularly. Our Book Club provides a social space to delve deeper into literature and engage with ideas beyond just reading a book. We discuss the book and our book leader has structured questions for us. We often find hidden topics in the book for discussion. Join us!



Woman's Club of Vista  
Fun Walk for Autism  
Acceptance and Awareness



## Autism Walk Chairman - Donna DiMambro

[donnad@thewomansclubofvista.org](mailto:donnad@thewomansclubofvista.org)

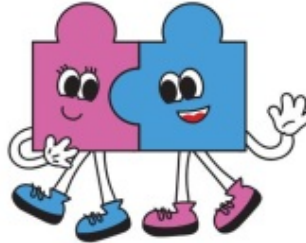
Roughly 2,500 individuals in Vista and nearly 82,000 people in San Diego County have autism spectrum disorder. It takes a village to produce an event like this, and we need your help.

Here are 6 ways you and your friends and family can join us in this impactful work.

- 1- **Sign up as a walker.** <https://vistawalkforautism.org/walkers/>
- 2- Ask a business that you shop at to provide a **gift certificate** or product to be given away during our raffle.
- 3- Ask a business that you shop at to **Sponsor** the event with a \$100 donation and be recognized on our tote bag and website. Here is the link to send them.  
<https://vistawalkforautism.org/exhibitors/>
- 4- Ask a business that you shop at to **Exhibit** if they would like publicity for their products or services. No alcohol is permitted at the event, and food is limited to packaged food only. Here is the link to send them. <https://vistawalkforautism.org/exhibitors/>
- 5- **Donate.** All donations go to the nonprofits participating in the event. Here is the link to share with people you feel might want to donate. <https://vistawalkforautism.org/donate/>
- 6- **Post a flyer** on a community bulletin board. Here's the link to print it.  
<https://thewomansclubofvista.org/wp-content/uploads/2025/02/Autism-Walk-2025-Flyer-to-distribute-w-qr-code.pdf>

# FUN WALK FOR AUTISM

Join The Woman's Club of Vista  
Walk for Autism Awareness and Acceptance



Sunday April 6  
Registration begins 11am  
Walk starts at 12pm  
Civic Center Park Vista

*Fun event for the whole family  
Vendors and Activity Table*



Visit  
[Vistawalkforautism.org](http://Vistawalkforautism.org)  
to  
register or give a donation

Pre-Register by March 28  
with a minimum donation  
Adult (18+) \$10  
Teen (13-17) \$5  
Child (12 and under) Free

Pre register on the website  
[vistawalkforautism.org](http://vistawalkforautism.org)  
or contact Donna at  
[donnad@thewomansclubofvista.org](mailto:donnad@thewomansclubofvista.org)  
for registration form

The Woman's Club of Vista is a 501(C)(3) non-profit  
Donations will go to The Autism Society of San Diego and local Autism non-  
profits.



Donation Day Chairman - Jessica Hamdi  
[jessicah@thewomansclubofvista.org](mailto:jessicah@thewomansclubofvista.org)

Mark your calendar for Wednesday, May 14, 2025 from 4-6:30 PM at Alta Vista



Jessica Hamdi

Botanical Gardens, when we celebrate our philanthropy by handing out donations and scholarships to carefully selected nonprofits and deserving students. The list of non-profit organizations that will be receiving donations was given out at the February 12th meeting. Invitations will be sent to the organizations inviting them to Donation Day in May. Want to be on this committee? Contact me and we'll find an awesome job for you.



## Civic Engagement and Outreach Chairman - Liz Franciscus

[Lizf@thewomansclubofvista.org](mailto:Lizf@thewomansclubofvista.org)



**Mark your calendar for March 13 from 6-8 PM!**  
That's when WCV members will take a shift at the food bank warehouse in Vista to help families with food insecurity.

A separate email with detailed instructions on how to sign up went out Feb 26; look for it or email me for more info

[SandiL@thewomansclubofvista.org](mailto:SandiL@thewomansclubofvista.org)

Thank you to Wendy and Donna D. for signing up already.

## Volunteer Opportunity With Foundation For Women Warriors

**Thursday, April 10th, 11:00 am to 1:00pm**

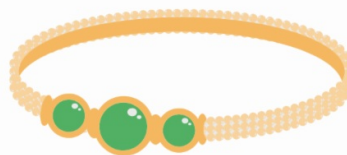
**1185 Park Center Drive, Ste R, Vista**

Volunteers are needed to help sort and organize items in their Essential Items Warehouse. Barbara Macpherson, Cate Prest and Liz Franciscus have signed up. Join us! You can sign up directly on their website. The direct link is

<https://foundationforwomenwarriors.org/our-tribe/>







## Vista Boys & Girls Club Mother's Day Event

We are having a special event at the B&G Club in Vista on Friday, May 9th. Please go through your jewelry boxes and find some pretty pieces that you no longer wear that a child can give to his mother or other special lady in his or her life. The kids will make Mother's Day cards and choose the perfect gift. It is such a heartwarming experience! Please don't miss out on this opportunity to be a part of this fun project. Bring your jewelry donations to Liz Franciscus. The Boys and Girls Club is very excited about this event - lets make it a resounding success!

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## Calling all walkers or runners for the sweetest race of the year!

The Woman's Club of Vista Team will participate in the Vista Strawberry 5K run/walk on Sunday, May 25, 2025 at 7:30 am. Don't delay - prices will rise. A portion of the individual entry fee will come back to our club. **Read more.**



Here's our team link to register -<https://raceroster.com/events/2025/99116/2025-vista-strawberry-run/register?team=768009&teamEntryToken=XN9MZKHPEC>



## Arts and Culture Chairman - Sheila Mata

[Sheilam@thewomansclubofvista.org](mailto:Sheilam@thewomansclubofvista.org)

The study of Arts and Culture enriches the human experience. Cultural awareness promotes effective communication and profoundly increases the ability to appreciate and enjoy a variety of new people and experiences.

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## Welcome to our New Members

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Stay tuned for an email later in March with more new members!

# District, Area, CFWC, and GFWC News

## Palomar District and Area D News

The Woman's Club of Vista is a member club of GFWC Palomar District in Area D of CFWC, Western States Region, and GFWC.

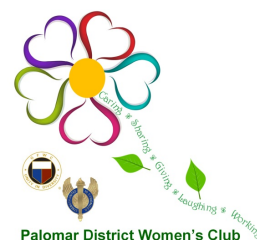
Sign up here to receive the Telescope.

<https://gfwcpalomardistrict.org/member-resources/newsletter-palomar-district-telescope/>

Check out the Members' Only section of the website to view some of the past Gateway Learning Series webinars.

<https://thewomansclubofvista.org/members-only/>

Save the date: This year our **District Convention** will be held on April 22nd at the Woman's Club of Carlsbad. There will be Entertainment, Club Narrative Awards, Opportunity Baskets, Prizes, Vendors, delicious lunch and more!



## CFWC News

Narratives were turned in to DropBox in January and are now in the hands of our State Chairs. Nancy B Jones is CFWC Environment Chair; she has reviewed 100 narratives and sent them out for judging. It's so exciting to learn about what unique and fun projects our clubs around the state have accomplished! Be sure to sign up for QuickBytes to read about the programs across Federation.

Sign up here to get the weekly CFWC QuickBytes.

<https://www.cfwc.org/publications/quickbytes/>

Read the latest issue of **California Clubwoman** [here](#).



## GFWC News

Sign up here to get GFWC News and Notes

<https://www.gfwc.org/news-notes/>

Read the latest issue of **ClubWoman Magazine** [here](#).



# What We Accomplished in February 2025

New Member Orientation



The Woman's Club of Vista held its New Member Orientation on Sunday, February 2, 2025, at Shadowridge Golf Club in Vista. Six Board members and 22 new members attended the event, which started off with an ice-breaker game to get everyone acquainted, followed by presentations by Board members. Hot chocolate and cookies provided by Shadowridge added a sweet note to a fun and informative meeting! [Read more.](#)

## Friendraisers

Twelve WCV members and one guest had a great rainy day meal together at The Old Spaghetti Factory. We talked, laughed and took pictures while sucking up spaghetti noodles! There's no such thing as work-and-no-play with this group. Join us on the 1st Friday of each month at a local restaurant (announced each month). Attending were Sandi, Nancy J, Cindy, Veronica, CJ, Barbara, Linda (now a new member!), Liz, Claudia, Sylvia, Joy, Bina and Cate.



## February Crafts Group

The second meeting of the Craft group was considerably more mellow than the first. This may have been due to the time spent on Brunch and Mimosas. It was eleven by the time the group finished eating Cindi's delicious but later than hoped for Brunch and took our Mimosas onto the big table. Sylvia set to work on fleece blankets ably supervised by Liz and her yardstick (used for measuring not reprimanding). Veronica was working on a succulent pot made of polymer clay to hang on a fence and shared pictures of some of

her gorgeous creations. Cindi was working on a small knitted shawl that she hopes to have finished soon.

Before we knew it time was up and the group disbanded. A good time was had by all and Cindi's husband appreciated the leftovers! [See more pics.](#)

## General Meeting with Tri-City Hospital Auxiliary

WCV had a full house attendance by its members and guests. The speaker for the meeting, Valerie Barros, was from Tri-City Hospital Auxiliary. Their presentation was well prepared and showed how we can all get involved by listing many volunteer opportunities from Courtesy Shuttle, Patient Escort, Information Desk and even Pet Therapy! There were many more options to choose from. Visit their website at [tricityhospitalauxiliary.org](http://tricityhospitalauxiliary.org) to see where you can plug in. Also at the meeting donations were requested to benefit the Fire Victims of the LA fires. We are excited to welcome new member Maria Riggan who assisted Valerie with her presentation. [See more photos.](#)







## February Chamber Mixer

Six WCV members had a wonderful time at the Vista Chamber of Commerce February mixer on Wednesday at The Film Hub! We enjoyed delicious food from Alfredito's Taco Shop and enjoyed the beautiful photo backdrop that San Diego Balloons and More provided. The ladies from Handel's Ice Cream posed with us to make an ice cream sandwich! LOL!

## February Book Club

Kate Warne is the first female Pinkerton detective and a desperate widow with a knack for manipulation. How could she become a spy in Civil War America? And, protect President Lincoln from an assassination attempt? This is a true historical fact.

Our Book group discussed many themes in this book. For example, how could Kate, a widow, become a spy with many undercover roles? How could she be a seductress, an exotic foreign medium, a robber or thief? We discussed how she was raised by carnival parents; indeed, Kate's biggest fear growing up was that she would be forgotten behind as her parents moved on to the next town. She was hired by Pinkerton and became his muse. Of course, Pinkerton's wife was jealous. There is an underlying love story with a tragic ending, and no, it was not with Mr. Pinkerton. Her love met the fate of many spies during the Civil War.

As we get ready for 2026 and our 250th USA Birthday, it was powerful and educational to read and discuss the tensions between the USA north and south.



## February Walking Group

On February 22, 14 WCV members met at the Alta Vista Botanical Gardens. Nancy (Farmer) Jones led our group and showed us the beautiful gardens in the warm and sunny weather. The group enjoyed seeing the Children's Garden, Zen Rock Meditation Space, Composting/wormery and a very old Cycad. We had a true insider's tour of the gardens.

## February WCV @ Night

WCV @ Night had a great turn out. WCV welcomed six new members who are eager to get involved in our club. We were privileged to listen to Sonja and Hunter Hults share their experiences with autism spectrum. They shared insights from their own personal journeys and stressed the importance of women advocating for children and building solid communities of support. Following our amazing presentation, we had a lot of fun and laughs as we made beaded bracelets for the Fun Walk for Autism Awareness and Acceptance on April 6th. Many thanks to Dianne Ellison and Jessica Hamdi and their crew of littles for their sweet energy, guidance and support hugs. [See more photos.](#)



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